

STUDENT LIFE & WELLNESS





STUDENT LIFE AND WELLNESS

Student Life & Wellness

**Department of
Student Affairs
(DSA)**

**Centre for Psychological
& Counselling Services
(CPCS)**

Department of Student Affairs

Responsible for overseeing, guiding, and supervising both on and off-campus extracurricular activities (ECAs) aimed at enhancing personal and professional growth for students.

Ensuring the overall wellbeing of students (Physically, Emotionally and Mentally)



Dhanesh Balakrishnan
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Student Life and Wellness



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HOD, Head of Department



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Assistant Manager



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Assistant Manager



Kang Han Yu
Assistant Manager

Centre for Psychological and Counselling Services



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Head of CPCS
Licensed Counsellor



Farahah Rosni
Registered Clinical
Psychologist



**Nur Syafiqa Balqis
Md. Din**
Registered Clinical
Psychologist



Joelle Madeline
Licensed Counsellor



Daren Despois
Licensed Counsellor

Centre for Psychological & Counselling Services



**Individual
Therapy**



**Group
Therapy**



**Couple/Family
Therapy**



**Psychological
Assessment**

8 GRADUATE ATTRIBUTES

Digital Agility

Social Intelligence

Strategic Communication

Mental Agility

Environmental & Global Literacy

Moral Courage

Resilience & Wellness

Clarity of Purpose

FACILITIES AND ACTIVITIES

FACILITIES

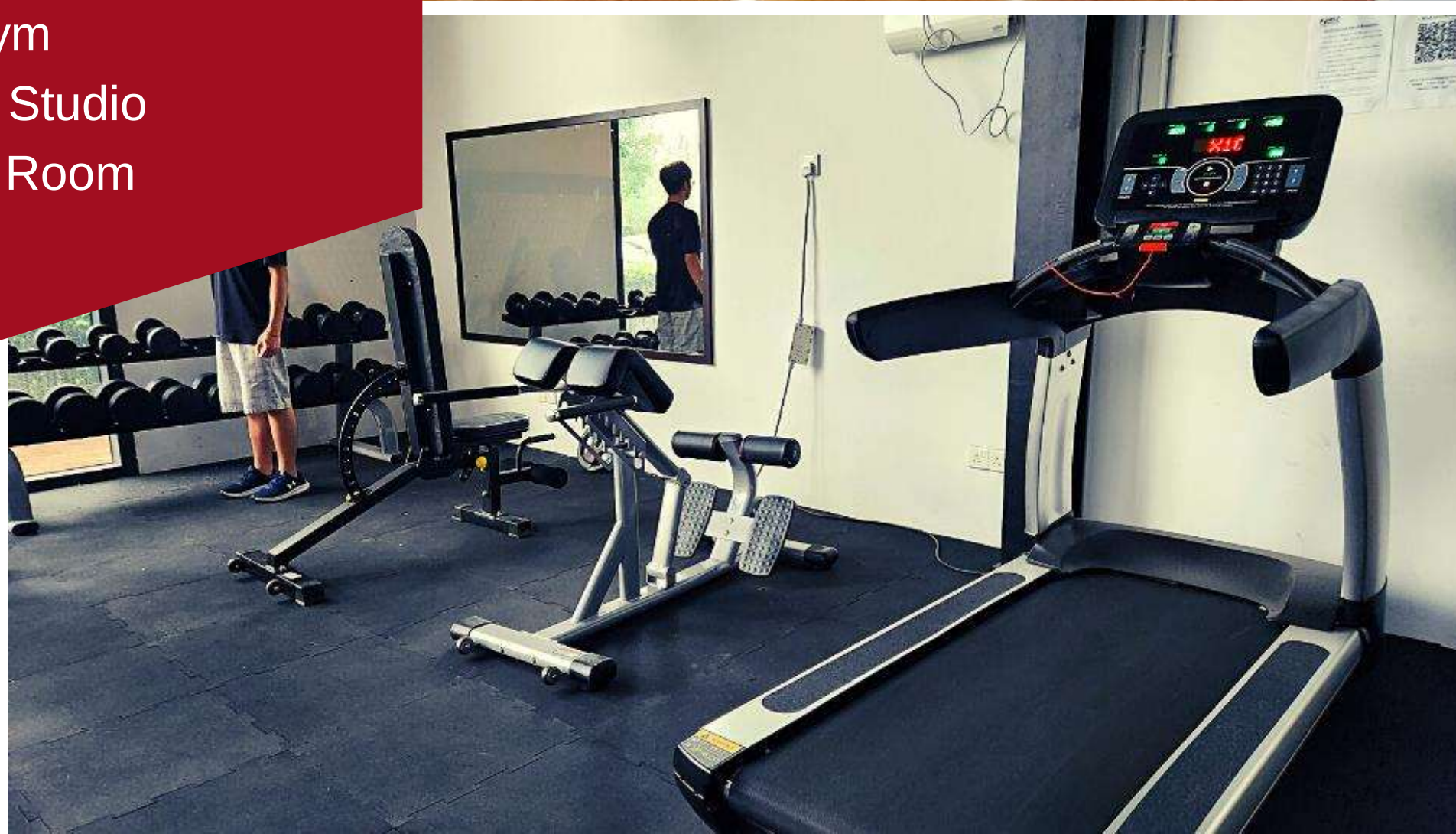
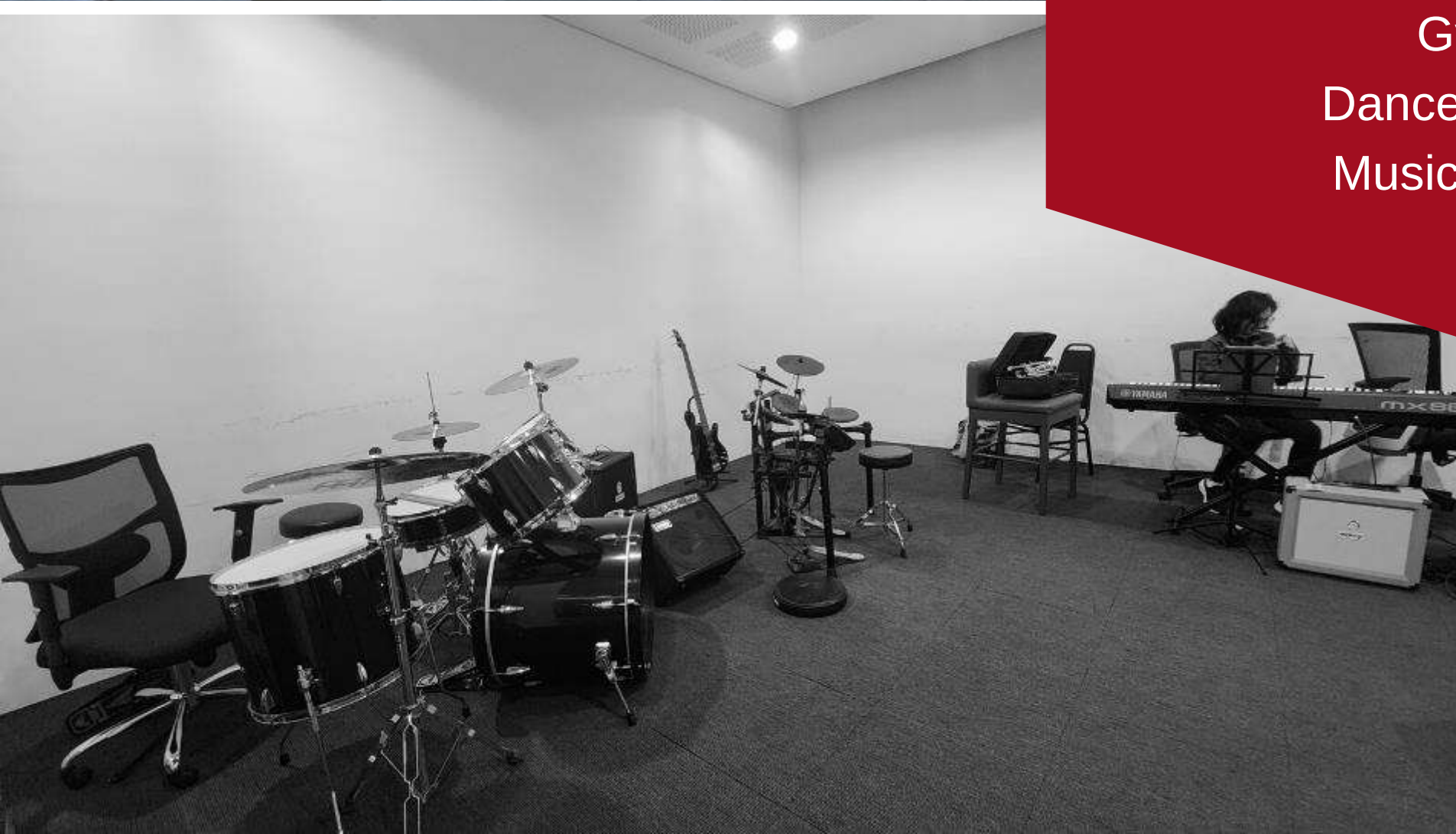
- SPORTS SCHOLARSHIPS
- RECOGNITION CERTIFICATES
- DANCE STUDIO / MUSIC ROOM
- BOARD GAMES
- CLUBS & SOCIETIES

ACTIVITIES

- SPORTS CARNIVAL
- CLOSED TOURNAMENTS
- EXTERNAL TOURNAMENTS
- BLOOD DONATION DRIVE
- CLUBS AND SOCIETIES DAY
- CHARITY WORK



FACILITIES AT
SUBANG BESTARI
Gym
Dance Studio
Music Room





FACILITIES AT SUBANG BESTARI

Rock Climbing
Pool Table
Rain Drop Café



Developing Leadership and Character outside of the classroom

- ▶ LEADERSHIP SKILLS
- ▶ SOCIAL SKILLS
- ▶ ORGANIZATIONAL SKILLS
- ▶ INTERPERSONAL SKILLS
- ▶ SPORTING SPIRIT



OUR ACHIEVERS





JOIN OUR SPORTS TEAM





Swimming Pool



Basketball court

SPORTS FACILITIES



Table tennis



Multipurpose Hall



Football Field



Outdoor
Futsal Court

SPORTS FACILITIES



Football Field



8 Lane Track



SPORTS FACILITIES BOOKING



<https://helpinternationalschool.simplybook.me/v2/>



GYM BOOKING



SCAN ME



MUSIC ROOM & DANCE STUDIO BOOKING



SCAN ME



CLUBS & SOCIETIES





CULTURAL
EXCHANGE

SPORTS

CROSS BORDER PROGRAMMES

CHARITY

INTERNSHIPS





Clubs and Societies

Various Clubs and Societies Available

Student Councils

Academic Clubs

Community & Social Clubs

Sports Clubs



SCAN ME

Connect with us.



Find Us

Subang 2

DEPARTMENT OF
STUDENT AFFAIRS
BLOCK B, GROUND
FLOOR

WISMA CL

LEVEL 3

THE END



- Study Smart
- Live a Significant Life at HELP University
- Leave with Pleasant Memories