



# FOUNDATION







# OUR MISSION IS TO HELP EVERY STUDENT SUCCEED IN LIFE AND TO LIVE A LIFE OF SIGNIFICANCE

To accomplish this, we have developed 4 pillars that will encapsulate your university experience at HELP



## ACADEMIC EXCELLENCE

Our dedicated team of educators will ensure you have an engaging and meaningful learning experience



## LIFE AND CAREER PREPARATION

Our enhanced curriculum will give you the advantage you need to thrive and succeed in your career and your life



## VIBRANT STUDENT LIFE

Our full and exciting campus experience will help you find your joy of life and passion



## WELLNESS AND COMMUNITY

Our caring community of students and staff will make you feel welcome, safe and well

# THE PERFECT PREPARATION FOR UNIVERSITY

8 HELP Graduate Attributes that prepare you to excel in university and in life.



## DIGITAL AGILITY:

Mastering AI, data science, app coding and cybersecurity



## SOCIAL INTELLIGENCE:

Mastering EQ, team work and social skills so that you can engage effectively with anyone



## STRATEGIC COMMUNICATION:

Mastering public speaking, interviewing and writing skills



## MENTAL AGILITY:

Mastering effective learning, design thinking, creative thinking, critical thinking and problem solving skills



## ENVIRONMENTAL AND GLOBAL LITERACY:

Understanding planetary health, environmental, sustainability and current global issues



## MORAL COURAGE:

Developing moral values that place an emphasis on compassion, integrity and service to the larger community



## RESILIENCE AND WELLNESS:

Understanding yourself and knowing how to build up your mental, physical financial and social fitness and resilience



## CLARITY OF PURPOSE:

Being clear about what you want in your life and the developing discipline and agency to achieve it

## FOUNDATION IN SCIENCE

(R3/0011/3/0049) (07/29) (A10667)

Engineering Dentistry **Medicine** Sciences  
Business **Psychology** Law Information  
Technology **Communication** Early Childhood  
Education **Pharmacy**

## FOUNDATION IN ARTS

(R3/0011/3/0050) (07/29) (A10668)

Business **Communication** Law **Psychology**  
Information Technology **Early Childhood**  
**Education** Game Design & Development  
Social Science **Supply Chain Management**  
**Environmental Science**

## KEY HIGHLIGHTS

- ▶ 12 months study
- ▶ Locally and internationally recognised
- ▶ Flexibility to choose from multiple disciplines
- ▶ Unique and comprehensive curriculum
- ▶ Nurturing right values, innovative and different
- ▶ Analytical and creative thinking emphasised
- ▶ Talent and character build winning personality

# GLOBALLY RECOGNISED

Our Foundation programme provides a pathway to over **350** Degree Programmes in **Australia, Germany, UK, New Zealand, USA, Ireland, Singapore, China & South Korea.**



## PATHWAY TO TOP-RANKED AUSTRALIAN UNIVERSITIES



Australian National University



UNSW SYDNEY



THE UNIVERSITY OF MELBOURNE



THE UNIVERSITY of ADELAIDE



THE UNIVERSITY OF WESTERN AUSTRALIA



THE UNIVERSITY OF QUEENSLAND AUSTRALIA



MONASH University



THE UNIVERSITY OF SYDNEY



Direct acceptance to The Group of Eight (Go8) Universities in Australia



# FOUNDATION IN ARTS

(R3/0011/3/0050) (07/29) (A10668)

**INTAKES:** January, May, July, September

## PROGRAMME

- 50 credit hours
- 3 semesters / 14 weeks per semester
- 13 courses (9 Core + 4 Electives)
- Coursework / Assignments – 50% and Examination - 50%\*\*

*\*\* Weightage for certain courses will differ*

## SEMESTER 1 COURSES

(5 Core = 18 credit hours)

- Intermediate English (4 credit hours)
- Finite Mathematics (4 credit hours)
- Computing Principles (4 credit hours)
- Study Skills (3 credit hours)
- Personal Development and Leadership (3 credit hours)

## SEMESTER 2 COURSES

(2 Core + 2 Electives = 16 credit hours)

- Advanced English (Pre-requisite: Intermediate English) (4 credit hours)
- Critical Thinking Skills (4 credit hours)
- 2 Electives

## SEMESTER 3 COURSES

(2 Core + 2 Electives = 16 credit hours)

- Culture, Arts and Politics (4 credit hours)
- Statistics (4 credit hours)
- 2 Electives

## ELECTIVES\*

(Each elective subject = 4 credit hours)

- Principles of Accounting
- Introduction to Business Principles
- Calculus
- Fundamentals of Early Childhood Education
- Economics Principle
- Introduction to Human Communication
- Introduction to Legal Studies
- Introduction to Marketing
- Introduction to Programming
- Public Speaking and Presentation Skills
- Psychology for Personal Development
- Introduction to Tourism and Hospitality

*\* Subject to availability*



## HMC's Vision for Tomorrow

The department's vision is to provide students with an internationally recognised pre-university program which is widely accepted.

## Our Philosophy

To provide students with a holistic education by ensuring that they receive good quality teaching, a recognised and accepted pre-university qualification, an opportunity to be involved in extracurricular activities and good pastoral care.

## Why the HELP Foundation?

- A Foundation program that is fully accredited by MQA
- A flexible program which offers a broad-based education providing exposure to a range of disciplines, thus allowing students to make an informed choice when deciding on a future course
- Small class size for effective learning
- Experienced and committed lecturers with proven track records
- Recognition by universities in the United Kingdom, New Zealand, and other countries
- Cultural exchange and a healthy mix of students from different backgrounds
- Value-added subjects such as Study Skills, Personal Development, Culture, Arts and Leadership
- Leadership training provided by professional psychologists in the following areas:
  1. self-confidence and self-esteem
  2. dealing with fear
  3. dealing with change
  4. team work
  5. communication

# FOUNDATION IN SCIENCE

(R3/0011/3/0049) (07/29) (A10667)

**INTAKES:** January, May, July, September

## PROGRAMME

50 credit hours

- 3 semesters / 14 weeks per semester
- 13 courses (8 Core + 4 Science Core + 1 Elective)
- Coursework / Assignments – 50% and Examination - 50%\*\*

\*\* Weightage for certain courses will differ

## SEMESTER 1 COURSES

(5 Core = 18 credit hours)

- Intermediate English (4 credit hours)
- Calculus (4 credit hours)
- Computing Principles (4 credit hours)
- Study Skills (3 credit hours)
- Personal Development and Leadership (3 credit hours)

## SEMESTER 2 COURSES

(2 Core + 2 Science Core = 16 credit hours)

- Advanced English (4 credit hours)
- Critical Thinking Skills (4 credit hours)
- 2 Science Core

## SEMESTER 3 COURSES

(1 Core + 2 Science Core + 1 Elective = 16 credit hours)

- Culture, Arts and Politics (4 credit hours)
- 2 Science Core + 1 Elective

## SCIENCE CORE

(Must complete two sets) (Each core course = 4 credit hours)

- Biology I: Molecules, Cells & Energy
- Biology II: Systems & Functions (Pre-requisite: Biology I)
- Physics I: Mechanics, Light & Optics
- Physics II: Fluid Mechanics, Electricity and Magnetism
- Chemistry I: Elements, Compounds & Organic Chemistry 1
- Chemistry II: Thermochemistry & Organic Chemistry 2 (Pre-requisite: Chemistry I)

## ELECTIVES\*

(Each elective subject = 4 credit hours)

- Finite Mathematics
- Introduction to Programming
- Psychology for Personal Development
- Statistics

\* Subject to availability

# PSYCHOLOGY

SPM → FOUNDATION IN ARTS/ SCIENCE (1 YEAR)



## 3+0

### MALAYSIA

- HELP University\*
- \* Completed HELP Foundation with a minimum of 4 credits
- University of Reading (Malaysia Campus)

## 2+1

### AUSTRALIA

- Murdoch University
- Queensland University of Technology
- University of Adelaide
- Edith Cowan University
- Deakin University
- University of South Australia

### UNITED KINGDOM

- Bangor University
- Middlesex University
- University of Northampton
- University of Portsmouth
- University of the West of England Bristol
- University of Hertfordshire

### NEW ZEALAND

- University of Otago

## 2+2

### AUSTRALIA

- Macquarie University

## 1+2

### AUSTRALIA

- The University of Queensland (1+2 & 1+3)
- Bond University

### UNITED KINGDOM

- Goldsmiths University of London
- Queen's University of Belfast
- University of Essex
- University of Leeds
- University of Plymouth
- University of Sheffield
- Aberystwyth University
- Cardiff University
- Northumbria University
- Huddersfield University

## 1+3.5

### AUSTRALIA

- The University of Queensland

## DIRECT ENTRY\*

### AUSTRALIA

- Monash University
- University of Adelaide
- University of New South Wales
- The University of Queensland
- Bond University
- Deakin University
- Flinders University
- Macquarie University
- Murdoch University
- University of South Australia
- Swinburne University of Technology
- University of Wollongong
- University of Western Australia

### NEW ZEALAND

- Massey University
- University of Waikato
- University of Canterbury

### UNITED KINGDOM

- University of Leeds
- University of Essex
- Aberystwyth University
- University of Portsmouth
- University of Reading
- University of the West of England, Bristol
- Northumbria University

- Middlesex University
- University of Northampton
- University of Plymouth
- University of Sheffield

### UNITED STATES OF AMERICA

- University of Maine

\*Direct entry subject to meeting universities' requirements





HMC was straightforward, fast and simple to decide for me. The elements designed have exposed me enough to make a decision for my pursuit of degree education."

**Sam Kon**  
**Foundation in Arts, 2006**  
**HELP BPsych (Second Upper Hons)**  
**Chief Operating Officer (COO) of Beyond Infinity Consultancy (Malaysia)**



# INFORMATION TECHNOLOGY

(Information Technology, Computer Science, Data Analytics, Software Engineering)

**SPM → FOUNDATION IN ARTS/ SCIENCE (1 YEAR)**



**3 + 0**  
**MALAYSIA**  
 • HELP University

**2 + 1**  
**AUSTRALIA**  
 • The University of Queensland  
 • University of Technology Sydney  
 • Griffith University  
**UNITED KINGDOM**  
 • University of Essex  
**NEW ZEALAND**  
 • The Eastern Institute of Technology

**2 + 2**  
**UNITED KINGDOM**  
 • Coventry University  
**CHINA**  
 • Beijing Jiaotong University

**1.5 + 1.5**  
**AUSTRALIA**  
 • Macquarie University

**1 + 2**  
**AUSTRALIA**  
 • Macquarie University  
 • Western Sydney University  
 • Murdoch University  
 • University of Adelaide  
**UNITED KINGDOM**  
 • University of Essex  
 • Swansea University

**DIRECT ENTRY\***

**AUSTRALIA**  
 • Monash University  
 • University of New South Wales  
 • The University of Queensland  
 • Bond University  
 • Federation University  
 • Flinders University  
 • Macquarie University

• Murdoch University  
 • University of South Australia  
 • Swinburne University of Technology  
 • University of Technology Sydney  
 • Royal Melbourne Institute of Technology (RMIT)

**NEW ZEALAND**  
 • Massey University  
 • University of Waikato  
 • University of Canterbury

**UNITED KINGDOM**  
 • University of Essex  
 • University of Portsmouth  
 • Northumbria University  
 • University of the West of England, Bristol

• Middlesex University  
 • University of Chester  
 • York St John University  
 • Teeside University  
 • De Monfort University  
 • University of Plymouth  
 • University of Sheffield

*\*Direct entry subject to meeting universities' requirements*

# BUSINESS

(Accounting, Banking, Economics, Entrepreneurship, Hospitality, Human Resources, International Business, Marketing, Management)

SPM → FOUNDATION IN ARTS/SCIENCE (1 YEAR)



**3 + 0**

## MALAYSIA

- HELP University

**2 + 1**

## AUSTRALIA

- The University of Queensland
- Griffith University
- University of Wollongong

## UNITED KINGDOM

- Middlesex University
- University of the West of England Bristol
- University of Hertfordshire
- Bangor University

**1 + 2**

## AUSTRALIA

- University of Melbourne
- Australian National University
- Queensland University of Technology
- University of Technology Sydney
- Macquarie University
- Western Sydney University

## UNITED KINGDOM

- University of Bristol
- Queen's University of Belfast
- University of Portsmouth
- University of Leeds
- Cardiff University
- University of Liverpool
- University of Sussex
- University of Essex

## NEW ZEALAND

- Victoria University of Wellington

## DIRECT ENTRY\*

### AUSTRALIA

- Monash University
- University of Adelaide
- University of New South Wales
- The University of Queensland
- University of Sydney
- Bond University
- Federation University
- Deakin University
- Flinders University
- Macquarie University
- Murdoch University
- University of South Australia
- Swinburne University of Technology
- University of Technology Sydney
- Royal Melbourne Institute of Technology (RMIT)
- Queensland University of Technology

### NEW ZEALAND

- Massey University
- University of Canterbury
- University of Waikato

### UNITED STATES OF AMERICA

- University of Maine

### IRELAND

- University of Galway

### SOUTH KOREA

- Dongseo University

### UNITED KINGDOM

- University of Leeds
- University of Surrey
- Queen's University of Belfast
- University of Essex
- University of Liverpool
- Swansea University
- Cardiff University
- Aberystwyth University
- University of Portsmouth
- University of the West of England, Bristol
- Bangor University
- Northumbria University
- Oxford Brookes University
- Middlesex University
- University of Chester
- University of Derby
- Teesside University
- York St John University
- Leeds Beckett University

- Wrexham Glyndwr University
- University College Birmingham
- De Monfort University
- University of Plymouth
- University of Sheffield
- University of Nottingham (Malaysia Campus)
- INTO University of East Anglia
- INTO University of Exeter
- INTO University of Manchester (NCUK)
- INTO University of Newcastle

\*Direct entry subject to meeting universities' requirements



THE UNIVERSITY  
OF QUEENSLAND  
AUSTRALIA

"HELP University's Foundation programme is well-structured and has helped me to enhance my research and analytical skills.

The programme also promotes academic excellence and involvement in extracurricular activities, thus providing us with a well-rounded education."

**Low Pei Zhen**  
 Foundation in Arts – 2014  
 Bachelor of Economics (HELP)  
 Operations and Technology Analyst Management Associate  
 Programme, Citibank Malaysia



# EARLY CHILDHOOD EDUCATION

SPM → FOUNDATION IN ARTS (1 YEAR)



<p><b>3+0</b>  <b>MALAYSIA</b>          • HELP University</p> <p><b>2+1</b>  <b>UNITED KINGDOM</b>          • University College Birmingham</p>	<p><b>1+2</b>  <b>UNITED KINGDOM</b>          • University of Leeds</p>	<p><b>DIRECT ENTRY*</b>  <b>AUSTRALIA</b>          • Monash University  <b>UNITED KINGDOM</b>          • Middlesex University          • University College Birmingham</p>	<p><b>NEW ZEALAND</b>          • University of Canterbury</p> <p><i>*Direct entry subject to meeting universities' requirements</i></p>
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# COMMUNICATION

(Media Studies, Public Relations, Marketing Communication)

SPM → FOUNDATION IN ARTS/ SCIENCE (1 YEAR)



**3 + 0**

**MALAYSIA**

- HELP University

**2 + 1**

**AUSTRALIA**

- Queensland University of Technology
- University of South Australia
- Edith Cowan University

**UNITED KINGDOM**

- Hertfordshire University
- University College Birmingham
- University of Essex

**1 + 2**

**AUSTRALIA**

- The University of Queensland
- Deakin University
- University of New South Wales
- University of Adelaide

**UNITED KINGDOM**

- Swansea University
- Middlesex University

**DIRECT ENTRY\***

**AUSTRALIA**

- Monash University
- University of Adelaide
- University of New South Wales
- The University of Queensland
- University of Sydney
- Bond University
- Flinders University

- Macquarie University
- Royal Melbourne Institute of Technology (RMIT)

**NEW ZEALAND**

- Massey University
- University of Waikato
- University of Canterbury

**UNITED KINGDOM**

- University of Leeds
- University of Essex
- Northumbria University
- Middlesex University
- Hertfordshire University
- University of Chester
- York St John University
- Leeds Beckett University

- Institute of Technology Carlow, Ireland
- Teesside University
- De Monfort University
- University of Plymouth
- University of Sunderland
- University of Sheffield

*\*Direct entry subject to meeting universities' requirements*

# HOSPITALITY & TOURISM

SPM → FOUNDATION IN ARTS (1 YEAR)



**3 + 0**

**MALAYSIA**

- HELP University

**2 + 1**

**AUSTRALIA**

- Griffith University

**UNITED KINGDOM**

- University College of Birmingham

**1½ + 1½**

**AUSTRALIA**

- University of South Australia

**1 + 2**

**NEW ZEALAND**

- University of Otago

**DIRECT ENTRY\***

- Australia
- Flinders University
- University of Technology Sydney

**UNITED KINGDOM**

- University of Essex
- Aberystwyth University
- Northumbria University
- Middlesex University
- York St John University
- University College Birmingham

**NEW ZEALAND**

- University of Canterbury

*\*Direct entry subject to meeting universities' requirements*



“ The Foundation in Arts course played a significant role in helping me decide my career path.

I met some of the most dedicated and passionate lecturers who were not only concerned with the syllabus and academic materials, but also paid close attention in ensuring the development of soft skills which are essential at the workplace.”

**Emeline Khoo**  
**Foundation in Arts (2014)**  
**Recipient of the Lord Templeman Scholarship (2016)**  
**LLB First Class Honours, University of the West of England, Bristol (2017)**  
**Bar Professional Training Course, University of the West of England, Bristol (2018)**

# LAW

SPM → FOUNDATION IN ARTS / SCIENCE (1 YEAR)



## 3 + 0

### MALAYSIA

- HELP University Bachelor of Laws (Honours)

## 1 + 2 / 2 + 1

### UNITED KINGDOM

(UK Law Degree Transfer Programme)

- University of Leeds
- University of Liverpool
- Cardiff University
- Aberystwyth University
- University of the West of England, Bristol
- Northumbria University
- University of Hertfordshire

## DIRECT ENTRY\*

### UNITED KINGDOM

- University of Essex
- Aberystwyth University
- Northumbria University
- University of Hertfordshire
- University of Sheffield
- Queen's University of Belfast
- De Monfort University

*\*Direct entry subject to meeting universities' requirements*

## PHARMACY

SPM → FOUNDATION IN SCIENCE  
(1 YEAR)



### DIRECT ENTRY\*

#### MALAYSIA

- International Medical University (IMU)
- Asia Metropolitan University
- AIMST University

#### UNITED KINGDOM

- University of Bath
- Aston University
- University of Portsmouth

*\* Direct entry subject to meeting the universities' requirements*

#### AUSTRALIA

- Monash University
- The University of Queensland

## UNITED STATES

SPM → FOUNDATION IN ARTS / SCIENCE  
(1 YEAR)



### 1+1+2

#### UNIVERSITY OF MAINE

- Business
- Psychology

*Applicable for both Foundation in Arts and Foundation in Science*

## SCIENCES

(Applied Science, Biomedical, Biotech,  
Food Science and any science related discipline)  
SPM → FOUNDATION IN SCIENCE (1 YEAR)



### DIRECT ENTRY\*

#### MALAYSIA

- International Medical University (IMU)
- AIMST University

#### AUSTRALIA

- Monash University
- University of Adelaide
- University of New South Wales
- The University of Queensland
- Flinders University
- Macquarie University
- Swinburne University of Technology
- University of Technology Sydney
- University of Wollongong

#### NEW ZEALAND

- University of Canterbury

#### UNITED KINGDOM

- University of Leeds
- University of Sheffield
- University of Essex
- Aberystwyth University
- University of Portsmouth
- University of the West of England, Bristol
- Northumbria University
- University of Chester
- University of Northampton
- Teesside University
- Institute of Technology Carlow, Ireland

*\* Direct entry subject to meeting the universities' requirements*

## MEDICINE

SPM → FOUNDATION IN SCIENCE  
(1 YEAR)



### DIRECT ENTRY\*

#### MALAYSIA

- International Medical University (IMU)
- Newcastle University Medicine Malaysia (NUMed)
- RCSI & UCD Malaysian Campus (RUMC)
- AIMST University

#### GRENADA, WEST INDIES

- St George's University\*

*Direct entry subject to meeting the universities' requirements*

## DENTISTRY

SPM → FOUNDATION IN SCIENCE  
(1 YEAR)



### DIRECT ENTRY\*

#### MALAYSIA

- AIMST University
- Penang International Dental College

*\*Direct entry subject to meeting universities' requirements*

# ENGINEERING

(Chemical, Civil, Electrical & Electronic,  
Mechanical, Mechatronic)

SPM → **FOUNDATION IN SCIENCE  
(1 YEAR)**



## 3 + 0

### MALAYSIA

- University of Southampton, Malaysia\*  
(4+0, MEng in Mechanical, Electrical & Electronic,  
Aeronautical & Astronautical)
- AIMST University

### UNITED KINGDOM

- Anglia Ruskin University  
(Electronic and Mechanical pathway only)

## DIRECT ENTRY\*

### AUSTRALIA

- Monash University
- The University of Queensland
- Federation University
- Flinders University
- Macquarie University
- Swinburne University of Technology
- University of Wollongong
- University of Technology Sydney

### NEW ZEALAND

- Massey University
- University of Canterbury

### UNITED KINGDOM

- University of Leeds
- University of Sheffield
- Queen's University Belfast
- University of Portsmouth
- University of the West of England, Bristol
- Northumbria University
- University of Chester
- Teesside University
- Wrexham Glyndwr University
- INTO University of Exeter
- INTO Glasgow Caledonian University

\*Direct entry subject to meeting universities' requirements



My dream of pursuing a degree in Psychology started with HMC's Foundation in Arts. Its wide array of interesting electives provided a good starting point for my career in Psychology.

The experienced and qualified lecturers were both supportive and challenging when necessary.

Within the short span of one year, this foundation prepared me well to excel in my graduate and postgraduate academic journey."

**Sita Lakshmi**

Foundation in Arts - 2010

Bachelor of Psychological Science (Flinders)



# YOUR GATEWAY TO OUR WORLD-CLASS GLOBAL NETWORK

## MALAYSIA

- Universiti Malaya
- Universiti Kebangsaan Malaysia
- International Medical University (IMU)
- Newcastle University Medicine Malaysia (NUMed)
- RCSI & UCD Malaysian Campus (RUMC)
- Asia Metropolitan University
- AIMST University
- Penang International Dental College

## AUSTRALIA

- Bond University
- Deakin University
- Federation University
- Flinders University
- Macquarie University
- Monash University
- Murdoch University
- Swinburne University of Technology
- University of Adelaide
- University of New South Wales
- The University of Queensland
- University of South Australia
- University of Sydney
- University of Technology Sydney
- University of Wollongong
- University of Melbourne
- University of Western Australia
- Queensland University of Technology
- Royal Melbourne Institute of Technology (RMIT)

## SINGAPORE

- Singapore Management University

## UNITED KINGDOM

- Aberystwyth University
- Aston University
- Bangor University
- Cardiff University
- Hertfordshire University
- INTO Glasgow Caledonian University
- INTO University of East Anglia
- INTO University of Exeter
- INTO University of Manchester (NCUK)
- INTO University of Newcastle
- Leeds Beckett University
- Middlesex University
- Northumbria University
- Nottingham Trent University
- Oxford Brookes University
- Queen's University of Belfast
- Swansea University
- Teesside University
- University College Birmingham
- University of Bath
- University of Bristol
- University of Chester
- University of Derby
- University of Essex
- University of Hertfordshire
- University of Leeds
- University of Liverpool
- University of Northampton
- University of Nottingham (Malaysia Campus)
- University of Portsmouth
- University of Reading
- University of Sheffield
- University of Southampton (Malaysia Campus)

- University of Surrey
- University of the West of England, Bristol
- Wrexham Glyndwr University
- York St John University
- University of Cambridge
- University of Sunderland
- University of Plymouth
- De Monfort University

## NEW ZEALAND

- Massey University
- University of Canterbury
- University of Waikato

## UNITED STATES OF AMERICA

- Hawai'i Pacific University
- University of Maine

## GRENADA, WEST INDIES

- St. George's University

## IRELAND

- University of Galway
- Griffith College
- Trinity College Dublin
- South East Technology University
- Technological University of Shannon Midlands Midwest

## GERMANY

- University of Europe
- Berlin Business School

## SOUTH KOREA

- Dongseo University



" Writing research papers gave me a strong foundation when I pursued my academic studies in UK.

I've been very grateful to HELP for structuring the foundation programme in a way which focused not only IQ, but also the development of the students' EQ."

**Rachel Lai Suet Teng**  
Master of Philosophy in Cambridge University, United Kingdom  
Royal Holloway, University of London (RHUL),  
Bachelor of Music (Hons)  
HELP Foundation in Arts (2010)





# EXPERT LECTURERS, TRANSFORMATIVE LEARNING

Our dedicated team of highly qualified lecturers brings a wealth of academic expertise and real-world experience, guiding students through cutting-edge research and transformative learning.



SCAN AND  
EXPLORE  
OUR DIVERSE AND  
ACCOMPLISHED  
ACADEMIC TEAM



# HMC LEADERSHIP PROGRAMME



Community Service

One of HMC's strong beliefs is that developing character is just as important as providing an all-rounded and holistic education. True to that belief, HELP Matriculation Centre's programme has introduced a leadership camp to nurture the students' character.

At the camp, students are motivated to uplift their sense of self-worth as well as encourage them to acquire important qualities such as self-ownership, effective communication, leadership and teamwork as well as planning and flexibility for future endeavours.



AniHELP



Leadership Camp



Community Service



Leadership Camp



C2AGE



Student Facilitator Training



Orientation Hangout



End Semester Party



Student Facilitator Training



AniHELP



End Semester Party



C2AGE

 +6012-928 0864

 [university.help.edu.my](http://university.help.edu.my)

 [study@help.edu.my](mailto:study@help.edu.my)

## HELP University Sdn Bhd

Company Registration Number: 198201005211 (84963-D)  
MOHE Approval Number: DU028(W)

### ELM Business School

No. 15, Jalan Sri Semantan 1,  
Off Jalan Semantan, Bukit Damansara,  
50490 Kuala Lumpur  
Tel: 03-2716 2000

### Subang Bestari Campus

Persiaran Cakerawala, Subang Bestari,  
Seksyen U4, 40150 Shah Alam, Selangor  
Tel: 03-7849 3000



SCAN TO FOLLOW US ON  
SOCIAL MEDIA



## ALUMNI HELP FOR LIFE



**LIFELONG LEARNING**  
Complete your Masters and  
Doctorates programmes  
with us



**MENTAL WELLNESS AND  
FAMILY**

Marriage Counselling  
Psychological support  
services



**RESKILLING AND  
UPSKILLING**

Up-to-date Microcredential  
courses for in-demand jobs



**PARENTING**

Free parenting workshops

**NEED HELP WITH YOUR  
CAREER DECISIONS?**

Get free career counselling and testing services

- ▶ Career testing
- ▶ Career coaching
- ▶ Internship programmes
- ▶ Job placement



Scan  
me for  
a free  
career  
test