PSYCHOLOGY

- BACHELOR OF PSYCHOLOGY (HONS)
- BACHELOR OF PSYCHOLOGICAL SCIENCE (HONS)
COME AND JOIN ONE OF THE LARGEST AND THE MOST ESTABLISHED PSYCHOLOGY PROGRAMMES IN ASIA

The Psychology Programme at HELP University is widely acknowledged locally and internationally as a programme that is strong not only in academic rigour but one which prepares its graduates for the 21st century workplace. The programme has been able to attract academic talent from all over the world due to its culture of excellence in teaching and research.

The following are some interesting facts about our psychology programme:

- We have over 1,300 full-time students completing their undergraduate and postgraduate degrees in Psychology
- We have over 50 staff members, with a team of 40 psychology academic staff
- We have over 300 organisations where our graduates and interns have worked
- We have 24 hour access to online journal databases that are linked to over 3,000 psychology journals around the world
- We have 13 psychology student clubs and societies which ensure a vibrant student life

The journey to become a psychologist can be challenging at times. You can, however, count on the support of our team of lecturers, tutors and administrators who will always be present for you in this journey. On behalf of my team, I welcome all of you to be part of the rich learning traditions of the Psychology Programme at HELP University.

DR GERARD J LOUIS
Dean, Faculty of Behavioural Sciences, Education and Languages HELP University
OVERVIEW

WHAT IS PSYCHOLOGY?

“Psychology is the science of behaviour, thoughts and feelings.”

In essence, psychology aims to understand how people behave, think and feel. This definition is well captured in the HELP Faculty of Behavioural Sciences motto: Understanding Minds, Empowering Lives.

WHAT IS UNIQUE ABOUT PSYCHOLOGY GRADUATES?

Psychology graduates are highly sought after by a wide variety of employers because they possess unique skills and competencies. These include:

- The ability to understand people of different ages in a diverse range of cultural settings
- The ability to design and conduct research on people’s behaviour, attitudes and feelings
- The ability to understand and develop themselves
- The ability to empower and bring out the best in people
- The ability to communicate effectively in the oral and written format
- The ability to engage in critical thinking in decision-making processes
- The ability to apply a scientific approach in dealing with problems

STUDYING PSYCHOLOGY AT HELP

THE HELP PSYCHOLOGY PROGRAMME OFFERS TOTAL FLEXIBILITY

PATHWAY 1:
Complete a psychology degree in HELP and start your career. Students have two options:
- HELP Bachelor of Psychology (Hons) (3+0) (page 6)
- HELP-Flinders Bachelor of Psychological Science (Hons) (4+0) (page 20)
- HELP-Flinders Bachelor of Psychological Science (3+0) (page 20).

PATHWAY 2:
Start a psychology degree in HELP and complete it at one of our partner universities overseas.
- HELP Bachelor of Psychology (Hons) links with UK, Australia and New Zealand (2+1, 1+2) (page 19)
- HELP-Flinders Bachelor of Psychological Science (Hons) links with Australia and New Zealand (3+1) (page 23)
- American Degree Program (ADP) links with US universities (2+2, 3+1) (page 24).

PATHWAY 3:
Complete a psychology degree in HELP and continue your PhD and Masters Degrees overseas.
- Australia/New Zealand: Direct entry into PhD or Masters from HELP-Flinders Bachelor of Psychological Science (Hons) (page 23)
- UK: Direct entry into Year 1 Masters Programmes from HELP Bachelor of Psychology (Hons) (page 19)
- US: Direct entry into 5-year PhD programmes from HELP Bachelor of Psychology (Hons) (page 19)
- Malaysia: Direct entry into one of HELP’s three Master’s programmes (pages 26-27).

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PROGRAMME

BACHELOR OF PSYCHOLOGY (HONS)

This programme allows students to complete a 3-year Psychology Honours degree in Malaysia conferred by HELP University, or to transfer credits to leading universities in Australia, the United Kingdom or New Zealand.

1st YEAR
Core papers
- Introduction to Psychology 1 (Biopsychology, Individual Differences, Cognitive Psychology)
- Introduction to Psychology 2 (Social Psychology, Developmental Psychology, Abnormal Psychology)
- Scientific Thinking and Academic Writing
- Introduction to Quantitative Methods 1
- Introduction to Quantitative Methods 2
- Career Exploration
- Contextual Intelligence

3 MPU subjects (10 subjects)

2nd YEAR
Core papers
- Advanced Quantitative Methods 1
- Advanced Quantitative Methods 2
- Social Psychology
- Human Personality
- Biopsychology
- Developmental Psychology
- Understanding and Managing Emotions
- Industrial Training
2 MPU subjects (10 subjects)

3rd YEAR
Core papers
- Undergraduate Thesis
- Learning and Cognition
- Ethics in Psychology
- Abnormal Psychology
- Career Development & Planning
- Data Analytics for Psychology
(6 subjects)

ENTRY REQUIREMENTS

Applicants are required to fulfil the following standard requirements:

- HELP Foundation in Arts/Science: Pass all subjects (with a minimum of 4 credits)
- A-Levels: 1 C, 1 D
- STPM: 2 Cs
- UEC: 5 Bs
- South Australian Matriculation: ATAR 65
- Canadian Pre-U: Average 65 (6 subjects)
- Foundation Programmes: Pass all subjects (50% of which must be credit and above)
- Diploma Programmes: Pass all subjects (30% of which must be credit and above)

Local Programs have to be MQA approved. The standard entry requirement of 3 SPM/O-Level credits (including credit in 1 Math subject & 1 Science subject) still applies to all students. Malaysian students also have to attain a pass in SPM Bahasa Melayu. Credit is equivalent to 60 out of 100 marks.

Applicants will also be required to fulfil one of the following English requirements:

- IELTS: 5.5 (Academic)
- TOEFL: 550 paper-based / 80 Internet-based
- MUET: Band 5*
- SPM: A for English (A1/A2 or A+/A/A-)
- IGCSE O Levels: C for English or English Literature (not including SPM 1119)
- UEC: B for English
- HELP Foundation in Arts/Science: credit for either Intermediate English or Advanced English
- South Australian Matriculation: 14/20 for English as a Second Language
- Canadian Pre-U: 65 for ENG4U

*New and different electives are added every year at the department’s discretion.

MINORS

Students have the option of majoring in psychology and choosing a minor from the following:

- Marketing
- International Business
- Management
- Human Resource Management
- Entrepreneurship
- Finance
- Accounting
- Media Studies
- Public Relations
- Marketing Communication
- Information Technology
- Mobile Communications
- Database Systems
- Electronic Games and Interactive Media

Note: Fees will vary slightly depending on the elective subjects selected.

PSYCHOLOGY ELECTIVES

We are proud to offer over 20 electives from different fields of Psychology. Students have the privilege of choosing seven papers in Year 2 and 3 from the following:

- Counselling Skills
- Counselling Theories and Techniques
- Conflict Theory and Resolution
- Human Services
- Group Process
- Educational Psychology
- Exceptional Children: Developmental Disorders
- Understanding Child Abuse and Neglect
- Learning Disabilities
- Introduction to Industrial/Organisational Psychology
- Psychology in the Workplace

- Substance Abuse
- Forensic Psychology
- Introduction to Music Therapy
- Cross Cultural Psychology
- Youth Work and Services
- Issues in Contemporary Psychology
- Psychology of Aging
- Human Motivation
- Psychology of Film
- Qualitative Research
- Gender Studies
- Politics and Psychology

- Introduction to Industrial/Organisational Psychology
- Psychology in the Workplace

Local Programmes have to be MQA approved. The standard entry requirement of 3 SPM/O-Level credits (including credit in 1 Math subject & 1 Science subject) still applies to all students. Malaysian students also have to attain a pass in SPM Bahasa Melayu. Credit is equivalent to 60 out of 100 marks.

PROGRAMME DETAILS

- 3-year Honours programme
- 33 subjects to be completed in a minimum period of 3 years
- 3-4 hours of teaching per subject per week
- For a minor, students are required to complete 6-10 subjects offered in the related specialisation
- 14-week semester (Jan & Aug); 7-week semester (May);
- 3 semesters per year

* New and different electives are added every year at the department’s discretion.
A PSYCHOLOGY PROGRAMME THAT PREPARES YOU FOR IR 4.0

We live in a VUCA world (Volatile, Uncertain, Complex, Ambiguous) characterised by rapid changes brought about by the 4th Industrial Revolution (IR 4.0). AI (artificial intelligence) robotics, big data, nanotechnology and other fast evolving technologies are changing the way we work. The HELP Psychology programme is designed to prepare our graduates to thrive in this new environment.

- Be able to adapt, survive and thrive in any cultural environment by mastering contextual intelligence.
- Design psychology apps and games that will encourage learning and elevate users’ well-being.
- Master the skill of reading micro-expressions and detect when people are lying.
- Learn about how new technologies like Virtual Reality (VR), Artificial Intelligence (AI), Robotics and Big Data will shape the future of psychology.
- Master critical thinking skills that will help you solve real-world problems and spot fallacies in reasoning.
- Develop creative therapies using music, art and drama.
- Be able to adapt, survive and thrive in any cultural environment by mastering contextual intelligence.
- Use an EEG machine to understand the inner workings of the brain.
- Discuss, debate and reflect on existential issues of life and death in a safe and stimulating environment.
- Master threat analysis skills that will help keep you and others safe in dangerous situations.
- Develop self-awareness by understanding your personality, talents, values and life goals.
- Use cognitive psychology to enhance your learning and study skills; focus better, procrastinate less, get more done.
- Implement/ utilise Applied Behavioural Analysis (ABA) to help children with special needs.
- Write, direct, act and produce your own psychology film.
- Learn to deliver a high impact talk to an audience of 1,000 people.
- Form a consulting firm and pitch talent management programmes to real corporations.
- Raise your emotional intelligence and learn how to manage your stress and anger.
- Develop self-awareness by understanding your personality, talents, values and life goals.
- Discuss, debate and reflect on existential issues of life and death in a safe and stimulating environment.
THREE WAYS WE GIVE OUR STUDENTS THE ACADEMIC EDGE

1. PSYCHOLOGY SCHOLARSHIP PROGRAMME
   Every year, the HELP Psychology programme offers close to 1 million ringgit in scholarships to bring the best young minds to our department. A variety of scholarships are offered based on academic performance (Merit Awards), leadership (SASA Scholarships) and sporting achievement (Sports Awards).

2. ACADEMIC RESEARCH TRAINING (ART) PROGRAMME
   The ART Programme is a research mentorship programme for Psychology undergraduate students to work on research and consulting projects. The ART programme offers approximately 100 places each semester in a variety of areas within psychology.

3. THE ACADEMIC RESEARCH CONFERENCE FUND
   The department sets aside funding every year for undergraduate students to present their research papers at local and international psychology conferences. In the last five years, over 400 HELP Psychology students have received funding from the department to present their findings in conferences around the world and they have done us proud.

4. PSI CHI HONORS SOCIETY
   Psi Chi is a US-based international honor society for psychology students that inducts only high-achieving students, with 1,000 chapters worldwide. In 2015, HELP University established the FIRST and ONLY PSI Chi chapter in Asia which currently boasts over 150 members.

5. PSYCHOLOGY RESEARCH COLLOQUIUM
   Held every semester, the HELP Psychology Research Colloquium is an in-house research conference that gives HELP Psychology students the opportunity to present their research.

6. ACADEMIC CONFERENCES, SEMINARS AND WORKSHOPS
   In 2016, the HELP Psychology Department hosted three international conferences and conducted over 25 seminars and workshops, which brought world famous psychologists from all over the world to our department.

6 WAYS WE GIVE OUR STUDENTS THE ACADEMIC EDGE

HELPING PSYCHOLOGY GRADUATES SECURE THEIR CAREERS OF CHOICE

Our mission is to help students find a career that fits their talents, interests, passions and life goals. This is in line with HELP University’s mission statement: To help people succeed in life and live a life of significance through education.

HELP UNIVERSITY’S COMPREHENSIVE AND UNIQUE CAREER DISCOVERY AND PREPARATION PROCESS

•  Discovering who I am
•  My talents
•  My personality
•  My interests
•  My values
•  My ambition and life goals

ACTIVITIES
•  Psychometric Testing
•  Meeting with Career Consultants
•  Discussions in career guidance classes

YEAR 1 GOALS
Discovering who I am

STEP 1: SELF DISCOVERY

STEP 2: CAREER EXPLORATION

GOALS
Discovering career pathways

YEAR 1 AND 2

ACTIVITIES
•  Career fairs
•  Guest lectures by psychologists in different industries

YEAR 2

STEP 3: CAREER DECISIONS

GOALS
Identifying career pathways that match who I am

ACTIVITIES
•  Identifying skills and competencies required
•  Developing strategies to secure employment

YEAR 2 AND 3

STEP 4: CAREER PREPARATION

GOALS
Securing targeted jobs

ACTIVITIES
•  Workshops on resume writing and interview skills
•  Job dating events

CAREERSENSE @ HELP

Director: Mr Eric Bryan Amaladas
The mission of this one-stop career guidance, testing and career development centre is to equip individuals and organisations with the relevant knowledge, competencies and skills needed for personal and career success.

Our services include:
•  Employment and Internship Support
•  Career Guidance Testing and Assessment
•  Career Exploration Resource Centre
•  Personal Development and Employability Training
EMPLOYMENT WITH TOP COMPANIES

START YOUR CAREER WITH TOP GLOBAL ORGANISATIONS

The HELP Psychology Programme offers you the unique opportunity to secure internships and full-time employment with over 300 business corporations and social work organisations. These are some of the organisations that have employed HELP Psychology graduates.

Citibank  HSBC  World Vision  Unicef
Exxon Mobil  Aon-Hewitt Associates  Maybank
Sime Darby  Maxis Communication  Accenture
Lexmark International  Samsung  Millward Brown
Leo Burnett
Standard Chartered Bank
General Electric (GE)
Leaderonomics
Ogilvy & Mather
Shell
KPMG
Ernst & Young
Teach for Malaysia
Nestle
DiGi
IBM Global Business Services
Early Autism Project Malaysia
Groupon
Hay Group

HELP IS PROUD TO HAVE PSYCHOLOGY GRADUATES WORKING IN TOP FIRMS, INCLUDING ACCENTURE, HEWITT, MCKINSEY, SHELL, HAY GROUP AND LEADERONOMICS.

I realise the key characteristic I’ve acquired in HELP University’s Psychology programme is resourcefulness. As a programme that constantly challenges me to develop myself academically and personally, being resourceful was important to overcoming those challenges successfully. It has been a significant phase in my life being a part of this programme, made even more meaningful by the amazing lecturers who are interested in education and support staff who are interested in my growth; they made the difference.”

Evelyn Teh Jae Vienn
PwC Malaysia, Manager (Special Projects/Behavioural Change)

Memorable would be the best word to describe the short 2½ years I had as a HELP Psychology student. I learnt not just classroom theories of what Psychology is and isn’t, but was empowered by forward thinking lecturers who encouraged us to go above and beyond in our critical thinking and research capabilities. The classroom wasn’t our only learning ground, but HELP’s active partnerships with a wide network of organisations, in-house Research Colloquiums and Symposiums gave us a foretaste of what it would be like when we stepped into the Real Deal.”

Esther Goh
Category Manager, Shopee Malaysia

The HELP University Psychology internship programme with GE is a great opportunity for both HELP and GE to continue building the talent pipeline of human resource professionals in the country. Not only will the GE internships provide Psychology students with the opportunity to receive hands-on experience and training at one of the world’s most admired global companies, it will also be an opportunity for GE to continue to gain insights and academic knowledge of human behaviour and leadership development from HELP’s famed Department of Psychology. These internships are a great win and an opportunity for GE, HELP University and the Malaysian student community at large.”

Roshan Thiran
Former Director of HR Asia Pacific (General Electric) and current CEO of Leaderonomics
Recruitment is people business. So is psychology. I firmly believe that my learning in psychology effectively provided me with the transferable skills needed to match-make companies with the right prospects: adapting to different personalities and characters, reading non-verbal behaviour during interviews, and identifying the motivation and drive behind career decisions.

Jacquelin Choy Yheng Yheng
HELP BPsych (First Class Hons)
Recruitment Consultant, Hiredly-WOBB

Everything that I studied here at HELP has come together perfectly for my career. It provided me the knowledge in connecting with colleagues, customers or subordinates, so much easier at the workplace. I am now investing my time and energy to inspire and empower little lives, one at a time!

Betsy Yeo Wai Li
HELP BPsych
Founder of StartRight Playhouse & Preschool

The Psychology course in HELP has provided me with a solid platform to kickstart my career in recruitment consulting. Having interacted with CEOs and HR managers about their hiring needs, the combination of theoretical knowledge and practical exercises that was provided throughout the course has granted me the awareness to take in perspectives in different angles and understand them in meaningful ways.

Joshua Ma Zhung Zhang
HELP BPsych (First Class Hons)
Recruitment Consultant, Hiredly-WOBB

I am indebted to the HELP Psychology Department for equipping me with the skills I now use in my career. My knowledge and understanding of the human mind has expanded under HELP’s comprehensive programme, as has my appreciation of the potential of Psychology as a field to benefit mankind. With the skills and knowledge HELP has given me, I now strive to empower other individuals by believing in them, reminding them of their capabilities, or even by just lending them a listening ear.

Colleen Ng Phaik Ying
HELP BPsych (First Class Hons)
Pastoral Care Teacher, Nobel International School

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HELP BPsych (First Class Hons)
Pastoral Care Teacher, Nobel International School

Sarah Lim Poe Yian
Royal Dutch Shell, Marine Performance Optimizer
Sarah completed a Psychology honours degree in Bemidji State University. She is the first recipient of the Centre for Psychology Award for being the top student of the HELP Psychology programme with a Grade A average. She currently manages the lubricant marine sales and is the Planning Lead of Operational & Structural improvements in Shell (Singapore).

Hannah Lim Pei Ern
HR Manager, Shell Business Operations
Hannah won the University of Leeds Award of Excellence in her third year, in addition to receiving a full scholarship from HELP. She was a senior tutor as well as the former president of the HELP Psychology Student Council. She was selected to join GE’s Graduate Leadership Program while studying in HELP. She is currently an HR advisor in International Operated Shell.

Sulynn Cheong
Human Capital Perspectives, Positive Change Strategist
Sulynn is a graduate of the Master of Applied Positive Psychology degree from, and a Visiting Scholar at, the University of Pennsylvania where she trained under renowned psychologist Martin Seligman. Besides her private practice as a Positive Change consultant and certified professional coach, Sulynn teaches courses and facilitates workshops.

Jamie Khoo Ghia Mei
Consulting, Deloitte
Jamie was a psychology student at HELP University. She received the Dean Scholarship 3 years in a row. She presented her thesis at the International Conference of Learning in Hong Kong. Jamie has worked at two large multinational consulting firms, Accenture and Deloitte. She currently lives in the United States consulting on strategy and delivering solutions for large business and technology transformation programmes.

Victoria Yeong Foong Yee
Accenture, Business Transformation Consultant
Victoria graduated with First Class Honours from the HELP Bachelor of Psychology programme and is the winner of the Tan Sri Dato’ Paduka Dr Hajah Saleha Outstanding Achievement Award 2013. She was also recipient of the HELP SASA Scholarship and Gamuda Full Scholarship Award 2010.
“Pursuing Psychology has granted me a greater understanding of others as well as a more empathetic worldview. However, we often forget though that we are people too; I’m grateful that my journey in HELP has also given me a greater insight into myself. This has enabled me to change the world from the inside out.”

Damian Chuah Tjun Kit
HELP BPych (First Class Hons)
HR Advisor, Shell Malaysia (International Mobility)

“Studying Psychology in HELP has given me opportunities to grow as a person and with the network built, our thoughts and beliefs have been challenged, debated and revamped. The relationships, support and knowledge I’ve received here have driven me to be the best person that I can be, not for myself but for the people around me, but the question here is whether YOU would take that step forward?”

Andrea Chew Wenjuan
HELP BPych (First Class Hons)
Strategic Resourcing Consultant with Alexis International

WHAT CAREERS ARE AVAILABLE TO PSYCHOLOGY GRADUATES?

**GRADUATES WITH BACHELOR’S DEGREES**
- Corporate Consultant
- Talent Management Consultant
- Corporate Training (Soft Skills)
- Human Resource Management
- Marketing Manager
- General Administrative Management
- Conflict Resolution and Mediation Consultant
- Customer Relationship Manager
- Advertising and Public Relations Consultant
- Political Strategist
- Life Coach
- NGO worker in the following areas:
  - Disaster and emergency relief
  - Children with special needs
  - Abuse and neglect
  - Impoverished & marginalised communities
  - Youth work
  - Family work
- Journalist, Media Reporter or Mass Media Consultant
- Market Research Consultant
- Academic Tutor
- Research Assistant
- Headhunter

**GRADUATES WITH POSTGRADUATE DEGREES**
- Organisational and Industrial Psychologist
- Clinical Psychologist
- Child Psychologist
- Counsellor
- Crisis Counsellor
- Educational Psychologist
- Forensic Psychologist
- Academic Lecturer and Researcher
- Sports Psychologist
- Ergonomist
- Neuropsychologist and Neuroscientist
STRENGTHENING PARTNERSHIPS

The University of Queensland’s School of Psychology is delighted to partner with the Department of Psychology at HELP University to provide their students the opportunity to transfer to the Bachelor of Psychological Science (Honours) programme. HELP University students are well prepared to create change at UQ through their experiences in research, industry engagement and student-led support programmes. As a pathway to guaranteed honours, students receive advanced knowledge and skills to set themselves apart in a competitive job market, leading to a future in clinical practice, research and lifelong learning.

Professor Virginia Slaughter
Head, School of Psychology, University of Queensland

I completed a one-year undergraduate psychology course in HELP University before enrolling at the University of Queensland. HELP University has given me a strong foundation in psychology theory and research. Most of the subjects offered in HELP University are credit-transferable to UQ. Overall, the academic training in HELP University enabled a seamless transition to UQ.

Low Jia Xuan
Currently completing his third year in the Bachelor of Psychological Science (Honours) at UQ

BACHELOR OF PSYCHOLOGY (HONS)

A gateway to further studies at top universities all over the world

HELP Bachelor of Psychology (Honours) Year 1
HELP Bachelor of Psychology (Honours) Year 2
HELP Bachelor of Psychology (Honours) Year 3
HELP Postgraduate Programmes
Australia
- PhD
- Master's
New Zealand
- PhD
- Master's
United States
- PhD
- Master's
United Kingdom
- PhD
- Master's
Australia
- PhD
- Master's
New Zealand
- PhD
- Master's
1 year Postgraduate Diploma or Honours year

Transfer to universities in Australia, United Kingdom or New Zealand
Students have the option to transfer after year 1 or year 2 depending on university arrangements

PARTNER UNIVERSITIES

UNITED KINGDOM
(1+2)
- Aberystwyth University
- Bangor University
- Cardiff University
- Goldsmiths, University of London
- The Queen’s University of Belfast
- University of Essex
- University of Hertfordshire
- University of Huddersfield
- University of Leeds
- University of Manchester
- University of Plymouth
- University of Portsmouth
- University of Sheffield
- Bangor University
- Middlesex University
- University of Hertfordshire
- University of Northampton
- University of Portsmouth
- University of York

AUSTRALIA
(1+2)
- Bond University
- Flinders University
- University of Queensland
- Queensland University of Technology
- University of Western Australia
- Flinders University
- Murdoch University
- Queensland University of Technology

NEW ZEALAND
(1+2, 2+1)
University of Otago
University of Waikato
University of Auckland
University of Canterbury
Massey University
Victoria University of Wellington
A WORLD CLASS PSYCHOLOGY PROGRAMME

The Flinders Psychology programme, ranked in the world’s top 300 by the Academic Ranking of World Universities, hosts internationally-renowned researchers in areas as diverse as autism, behavioural addictions, digital therapies, depression, eating disorders, social justice, trauma and sleep disorders.

The success of its staff is evidenced by the volume of publications in peer-reviewed international journals; grant success from peak bodies such as the ARC and NHMRC; PhD completion rates; teaching awards; and the involvement of staff on the editorial boards of international journals.

With mental health a critical public health area, there is increasing demand for trained psychologists spanning health, sports, business and education.

HELP-Flinders partnership continues to deliver research that is making an impact, contributing to Flinders University’s Orama Institute for Mental Health, Wellbeing and Neuroscience, and Flinders being rated above the world standard for psychology research by Excellence in Research Australia, 2018. (*The Good Universities Guide 2019, public SA-founded universities only.)

At Flinders, we are proud to offer a joint Psychology Honours programme with HELP University. Psychology has much to offer with respect to shaping evidence-based responses to the challenges of the world, including those related to mental health and wellbeing, social cohesion, climate change, human factors and technology and even defence and security. HELP staff and students are exemplary and share our vision of developing global leaders that will impact positively on all these areas. Join our quest to make this a better and safer world.”

Professor Michael Kyrios
Vice President & Executive Dean
College of Education, Psychology & Social Work
Flinders University

“After graduating with my Bachelor of Psychology degree from HELP, I completed a one-year Honours programme in partnership with Flinders University. As an APAC-accredited course of study, this provided me with the necessary qualifications to apply for entry into postgraduate psychology programmes across Australia.”

Alliyza Lim
BPsychSc (Hons) (Flinders-HELP)
PhD candidate, Flinders University
BACHELOR OF PSYCHOLOGICAL SCIENCE
BACHELOR OF PSYCHOLOGICAL SCIENCE (HONS)

INTAKES 2020* January 8 • May 28 • August 19

FLINDERS-HELP JOINT DEGREE

1st YEAR
• Introduction to Psychology 1 (Biopsychology, Individual Differences, Cognitive Psychology)
• Introduction to Psychology 2 (Social Psychology, Developmental Psychology, Abnormal Psychology)
• Scientific Thinking & Academic Writing
• Introduction to Quantitative Methods 1
• Introduction to Quantitative Methods 2
• Contextual Intelligence
• Career Exploration
3 MPU subjects (10 subjects)

2nd YEAR
• Advanced Quantitative Methods 1
• Advanced Quantitative Methods 2
• Social Psychology
• Human Personality
• Biopsychology
• Developmental Psychology
• Understanding and Managing Emotions
• Industrial Training
2 MPU subjects

Psychology Electives
Select 2 papers from the following:
• Counselling Skills
• Conflict Theory and Resolution
• Human Services
• Educational Psychology
• Group Process
• Exceptional Children: Developmental Disorders
• Understanding Child Abuse and Neglect
• Qualitative Research
(12 subjects)

3rd YEAR
Core Subjects
• Research Methods
• Ethics and Professional Practice in Psychology
• Cognitive Psychology
• Psychological Assessment: Basic Principles
• Undergraduate Thesis
• Interviewing and Counselling

Psychology Electives
Select 4 from the following:
• Child Development in a Cultural Context
• Abnormal Psychology
• Atypical Development
• Psychology of Work
• Human Factors
• Introduction to Neuropsychology
(10 subjects)

4th YEAR
Core Subjects
• Psychology Honours Year 1
• Psychology Honours Year 2
• Psychology Honours Year 3

Psychology Electives
Select 5 from the following:
• Introduction to Psychology: Part 1
• Research and Practice in Psychology: Part 1
• Research and Practice in Psychology: Part 2
• Contemporary Issues in Psychology
• Applications of Psychology
(6 subjects)

Entry into the 4th year of the programme is not automatic and is contingent on students obtaining a grade point average of 5.25/7 in their 3rd year modules.

Programme Details
Duration
3 year option: Students will graduate with a Bachelor of Psychological Science degree (without Honours)
4 year option: Students can apply for entry into a 4th year Bachelor of Psychological Science (Honours) degree. Entry into the 4th year of the programme is not automatic and is contingent on students obtaining a grade point average of 5.25/7 in their 3rd year modules.

Programme Details
Entry Requirement
• 3 year option: Students will graduate with a Bachelor of Psychological Science degree (without Honours)
• 4 year option: Students can apply for entry into a 4th year Bachelor of Psychological Science (Honours) degree. Entry into the 4th year of the programme is not automatic and is contingent on students obtaining a grade point average of 5.25/7 in their 3rd year modules.

5 REASONS TO APPLY FOR THE FLINDERS-HELP JOINT DEGREE!

• Accredited by the Australian Psychology Accreditation Council (APAC)
• Accredited by the Malaysian Qualifications Agency (MQA)
• Access to Flinders University online resources (electronic journals and online databases)
• Students who complete the fourth year Honours programme will be eligible to apply for Psychology Masters and PhD programmes at any Australian University
• A cross-cultural perspective of psychology and exposure to research in the Australasian region

Your Pathway to Postgraduate Studies in Australia and New Zealand

Graduates can apply to PhD and Master’s programmes in any Australian or NZ university

Graduates can apply to honours and postgraduate Diploma programmes in any Australian University
**PROGRAMMES**

**BACHELOR OF BUSINESS PSYCHOLOGY (HONS)**

**CREDIT TRANSFER PROGRAM**

**KPT/JPS (R2/340/6/0706) (A7364) 01/22**

- 14-week semester
- 5 Bs in Senior Middle 3
- 5 O-Level credits
- 5 SPM credits (with a pass in Any one of the following: 24, 25)

**ENTRY REQUIREMENT**

- 11 subjects
  - Psychology of Personal and Academic Development
  - Introduction to Quantitative Methods
  - Business Statistics
  - Principles of Marketing
  - Principles of Management
  - Principles of Microeconomics
  - Financial Accounting 1
  - Microeconomics and Macroeconomics
  - Principles of Macroeconomics
  - Principles of Advertising
  - Principles of Marketing Communication
  - Principles of Business Law

**MPU Compulsory Subjects**

1. Principles of Marketing
2. Principles of Business Law
3. Principles of Accounting

**PARTNER UNIVERSITIES**

- American University
- Bemidji State University
- Central Michigan University
- CSU-Fresno
- CSU-Long Beach
- DePaul University
- Drake University
- Drew University
- Florida State University
- George Mason University
- Hawai’i Pacific University
- Illinois State University
- Indiana University-Purdue University Indianapolis
- Indiana University South Bend
- Iowa State University
- Mami University
- Michigan State University
- Missouri State University
- New York Film Academy
- North Dakota State University
- Northern Illinois University
- Ohio State University
- Ohio University
- Oklahoma State University
- Pepperdine University
- Pittsburg State University
- Portland State University
- Purdue University
- Rutgers University New Brunswick
- San Francisco State University
- San Jose State University
- Southern Illinois University Carbondale
- Southwest Minnesota State University
- Spring Arbor University
- St Cloud State University
- Towson University
- University of Arkansas
- University of Central Oklahoma
- University of Hawai’i Manoa
- University of Illinois Urbana Champaign
- University of Iowa
- University of Kansas
- University of Kentucky
- University of Michigan
- University of Minnesota
- University of Missouri-St Louis
- University of Montana
- University of Nebraska-Lincoln
- University of North Texas
- University of Oklahoma
- University of Oregon
- University of Texas
- Upper Iowa University
- Washington State University
- Western Michigan University
- Wichita State University
- Winona State University

**1st YEAR**

- Financial Accounting 1
- Principles of Microeconomics
- Business Law
- Principles of Management
- Principles of Marketing
- Principles of Business Statistics
- Introduction to Quantitative Methods
- Introduction to Qualitative Methods
- Introduction to Psychology 1
- Introduction to Psychology 2
- Psychology of Personal and Academic Development (11 subjects)

**2nd & 3rd YEAR**

- Managing Human Resources
- Consumer Behaviour
- Business Research
- Social Psychology
- Human Personality
- Conflict Theory & Resolution
- Change Management
- Introduction to Industrial/Organisational Psychology
- Cross Cultural Psychology
- Introduction to Economic Psychology
- Psychology & Law
- 1 Graduation Project
- 3 Electives from Year 2 and 3 (at least one subject from Year 3) (15 subjects)

**MPU Compulsory Subjects**

- Principles of Marketing
- Principles of Business Law

**ENTRY REQUIREMENT**

- 5 Cs in STPM
- 2 Cs in STPM
- 5 Bs in Senior Middle 3 (UEC) including Mathematics and English
- 5 CPU passes with a minimum average of 50%
- University Aggregate of 50% or ATAR score of at least 50 for various Australian matriculation programmes
- Equivalent qualification

**BACHELOR OF BUSINESS PSYCHOLOGY (HONS)**

**INTAKES 2020**

- January 9
- March 20
- May 29
- August 20

**AMERICAN DEGREE TRANSFER PROGRAM**

- New York Film Academy
- Michigan State University
- Miami University
- Indiana University
- Tulane University
- American University
- Florida State University
- Drexel University
- Drake University
- DePaul University
- CSU-Fresno
- Central Michigan University
- Bemidji State University
- American University
- Hawai’i Pacific University
- Nova Southeastern University
- University of Central Oklahoma
- Towson University
- St Cloud State University
- Spring Arbor University
- 5 Cs in STPM

**ACADEMIC MODERATOR**

Dr Allan Benedict I Bernardo is a University Fellow and full professor and chair of the Counseling and Educational Psychology Department of De La Salle University-Manila. He was also the former Director of the Lasallian Institute for Development and Educational Research (LIDER). In 2007, he was elected academician of the National Academy of Science and Technology (NAST). He belongs to a select group of outstanding members of the scientific community in the country where he was cited for his works in the field of Cognitive Psychology. He was elected secretary-general of the Asian Association of Social Psychology (AASSP) in 2007. Prior to his election, he served as Southeast Asian regional representative, then as chair, of the Education and Training Committee of AASSP. A multi-award researcher, his current interests include social and cultural dimensions of learning, achievement motivation, and cognitions about learning; mathematical learning and problem solving; language and learning; learning and problem solving in bilinguals; teacher cognitions and teacher development; and educational reform and policy. He finished his Doctor of Philosophy in Cognitive Psychology and Master of Science in Cognitive Psychology from Yale University and his Bachelor of Arts major in Psychology from the University of the Philippines.

**OUR DISTINGUISHED ACADEMIC MODERATOR**

**Professor Allan Bernardo**

President of the Asian Association of Social Psychology

**HELP PSYCHOLOGY DEPARTMENT PLAYS A GLOBAL LEADERSHIP ROLE IN PSYCHOLOGY**

1. Professor Datuk Dr Quack Ai Hwee, panelist at the 9th International Special Education Exhibition (2019).
2. Pn Fatimah Haron with her research team at the PACIFIC project at Gold Coast, ISSBD Conference (2018).
3. Dr Ditto Prihadi with other experts in data science and IT as panelists on "How technology and social media babysit the next generation" at DiGi Malaysia.
Masters in Counselling

INTRODUCTION
The Masters in Counselling covers all the main areas of study required of a professional counsellor. The curriculum is structured according to the requirements of the Standards and Requirements of Training for Counsellors 2003-2010 as set by the Malaysian Board of Counsellors.

AIMS OF THE PROGRAMME
The programme will develop professional counsellors capable of meeting the mental health needs of Malaysian society. The course is designed to expose the student to a holistic approach in the field of counselling. The student will find a balance between theory, research and practice.

PROGRAMME STRUCTURE
• Techniques and Process of Counselling
• Social Diversity and Culture
• Human Development Across the Life Span
• Group Process
• Theories of Counselling and Psychotherapy
• Research Methods and Statistics
• Career Information and Career Development
• Testing and Assessment
• Marital and Family Counselling
• Theory and Practice of Career Counselling
• Analysis of Individuals and Groups in Counselling
• Issues and Ethics in the Helping Profession
• Counselling Practicum
• Thesis Writing
• Counselling Internship

ADMISSION REQUIREMENT
A basic undergraduate degree in any discipline with a minimum CGPA of 2.5 (out of 4.0).

PROGRAMME DURATION
The duration of this part-time programme is approximately 2½ years. It is suitable for working adults as classes are held on weeknights.

The full-time option may be offered, and will take approximately 2 years to complete.

Master of Philosophy (MPhil) in Psychology

INTRODUCTION
The Master of Philosophy (MPhil) & Doctor of Philosophy (PhD) in Psychology programmes are designed to provide graduate students with the opportunity to conduct research in different areas of psychology, under the supervision of an experienced academic staff.

AIMS OF THE PROGRAMME
This programme aims to provide postgraduate-level training for students, to equip them with the research skills and professional development necessary for teaching and research positions in various industries. Students who have completed 1 year of the MPhil programme also have the opportunity to progress into the PhD pathway, subject to further discussion.

RESEARCH AREAS
The list below covers some broad areas for PhD / MPhil research projects, but is not limited to these areas.
• Clinical Psychology
• Cognitive Psychology
• Comparative Psychology
• Counselling Psychology
• Cross Cultural Psychology
• Developmental Psychology
• Educational Psychology
• Industrial/Organisational Psychology
• Neuropsychology
• Personality Psychology
• Positive Psychology
• Social Psychology

PROGRAMME DURATION
MPhil: Approximately 2 years (full-time)
PhD: Approximately 3 years (full-time)

ADMISSION REQUIREMENT
MPhil
a) Candidates with a bachelor’s degree in psychology (or a relevant area) with a minimum CGPA of 3.25 out of 4.00 (or equivalent).
b) Candidates with a bachelor’s degree in fields related to psychology with a minimum CGPA of 3.25 out of 4.00, and the completion of a minimum of 45 credits of psychology modules, subject to the assessment of the university.

PhD
Candidates with a master’s degree in psychology or a relevant area, accepted by the HELP University Senate.

PROGRAMME DURATION
MPhil: Approximately 2½ years (full-time)
PhD: Approximately 3 years (full-time)

Master of Clinical Psychology

INTRODUCTION
The Master of Clinical Psychology seeks to train and develop students who are passionate about the well-being of people whose lives have been challenged by various forms of psychological and behavioural disorders.

AIMS OF THE PROGRAMME
This program will develop competent clinical psychologists in Malaysia equipped with holistic psychological knowledge, innovative skills and a professional attitude who are able to serve a diverse population in the assessment, diagnosis and intervention of a wide range of psychological disorders. Furthermore, this programme seeks to instil in these clinical psychologists a lifelong commitment to rigorous scientific inquiry through continuous clinical research and practice.

PROGRAMME STRUCTURE
• Clinical Interview and Basic Intervention Skills
• Personality and Psychotherapy
• Diagnostic Testing
• Child Development, Health and Dysfunctions
• Adult Development, Health and Dysfunctions
• Social-cultural Context of Psychology
• Family Systems Theory and Therapy
• Cognitive Behavioural Theory and Therapy
• Clinical Neuropsychology
• Clinical Research and Evaluation Skills
• Internal Practicum
• Professional Issues: Ethics, Conduct and Law
• Psychopharmacology and Substance Abuse
• External Practicum
• Clinical Research Project
• Clinical Competency Evaluation

ADMISSION REQUIREMENT
An undergraduate degree in Psychology with Second Class Honours (Upper Division) and CGPA of 3.0 (out of 4.0), or its equivalent (eg a Graduate Diploma in Psychology) AND
• A high standard of written and oral communication skills (in English)
• Ability and willingness to sustain high workloads
• Capacity to relate to a wide range of people from different age, gender, ethnic- racial, cultural, socioeconomic and vocational backgrounds
• Experience in clinically related fields is an advantage, but not mandatory.

PROGRAMME DURATION
Approximately 2 years (full-time)
My journey through the Counselling programme was an unforgettable one and it challenged me in ways beyond my wildest dreams. The experience of counselling others for the first time, walking alongside clients during their most difficult times and witnessing clients’ growth will be memories forever etched in my heart. Knowing that I am giving a voice to the unheard, being a listening ear to the heartbroken and championing the cause of the marginalised keeps me going when life gets rough. The training, encouragement and valuable feedback received from lecturers and counselling supervisors have been monumental in my overall competency as a licensed counsellor and in running my own private practice today.

Vivien Lim
MCounselling (HELP)
Licensed Counsellor, Roots Therapy

The Masters in Counselling in HELP University has equipped me with the skills to be sensitive to people’s unspoken language and behaviour. These new-learned skills have impacted me profoundly in both my professional and personal life. I am able to communicate and connect a lot more effectively with people. Learning more about myself was a bonus! Who could tell that I would be a lot more in touch with myself, my emotions and my behaviour and at a different level as well?

Safhan Hasni
MCounselling (HELP)
Multi-destination Manager IDP Education Ltd

My student experience in the Master’s programme at HELP University was filled with numerous learning opportunities where I was able to experience the diverse and practical facets of Clinical Psychology whilst developing and honing my skills set which has been incredibly vital in fostering my personal and professional growth. Invaluable experiences were gained as I had the chance to apply this knowledge beyond the classroom to several training sites during my practicum, with each place introducing me to different forms of clinical work with people from various walks of life.

Joanne Leong
MClinical Psychology (HELP)
Clinical Psychologist / Wellness Coach at The Mind Psychological Services and Training
A TRADITION OF EXCELLENCE
HELP PSYCHOLOGY ACHIEVERS ARE MAKING WAVES AROUND THE WORLD

There are currently over 150 HELP Psychology graduates completing their PhD and Master’s degrees in universities around the world.

Chee Yung Chien (Nelvin)
PhD Candidate, Ludwig Maximilian University of Munich
Nelvin is currently pursuing his PhD in the Learning Sciences in Ludwig Maximilian University in Germany. After graduating from HELP University, he worked as a Graduate Tutor in the university. He obtained his Psychology Master’s in the Learning Sciences from Ludwig Maximilian University, where he also worked as a tutor and research assistant.

Nadia Marican
PhD, Chicago School of Professional Psychology
Nadia completed her PhD in International Psychology. She is very active in non-profit organisations and is involved with The Global HOPE (Healing Opportunities through Powerful Engagement) Training Initiative. The initiative trains crucial community leaders to become certified para-professional trauma counsellors in order to grow Rwanda’s counselling infrastructure.

Ainul Nadhirah Hanafiah
PhD, University of Cambridge
"Being a psychology professional in Malaysia can be a challenge as it is only in the past 10 years that the industry has started growing rapidly. My decision to choose HELP to build my academic foundation in psychology was based on their stellar reputation in teaching. Having graduated with a Master’s from King’s College London and now completing my PhD in Cambridge is proof of how well HELP has prepared me for my future endeavours in the area of mental health in Malaysia. It started with HELP and, like they say, ‘The rest is history.’"

Dr Ng Swee Li
PhD, Central Michigan University
Swee Li was a recipient of the HELP Distinction Scholarship and graduated from the HELP BPscych programme with First Class Honours. She completed her PhD in Clinical Psychology on a Fulbright Scholarship at Central Michigan University and was also the recipient of the International Peace Scholarship Award. Currently, she is involved in research projects on multicultural issues.

Dr Edward Ong
PhD, University of Birmingham
Dr Edward is a chartered psychologist specialising in child maltreatment and parenting as well as legal, cultural, and policy issues in child and family mental health. He has a background in forensic-clinical psychology. He received his PhD from the Centre for Forensic and Criminological Psychology, University of Birmingham. He is currently a lecturer at Coventry University where he leads cross-cultural research on cultural perception of child maltreatment with different forensic populations and improving cultural competency and risk assessment using VR technology.

Reneeta Mogan
PhD, Victoria University of Wellington
A former student of SMK Convent, Ipoh, she graduated with First Class Honours from the HELP Bachelor of Psychology programme. She was also awarded the HELP Pyramid Award 2009 for Most Outstanding Graduate and was a Johnson & Johnson intern in 2008.

Dr Lim Bee Teng
PhD, University of Otago
A former student of SMK Mentakab Pahang, Bee Teng scored 10 As in her SPM. She received the New Zealand International Doctoral Research Scholarship to pursue her PhD in Psychology after completing an honours degree in Psychology in the University of Otago. She is a recipient of the HELP Merit Scholarship.

Dr Ng Swee Li
PhD, Central Michigan University
Swee Li was a recipient of the HELP Distinction Scholarship and graduated from the HELP BPscych programme with First Class Honours. She completed her PhD in Clinical Psychology on a Fulbright Scholarship at Central Michigan University and was also the recipient of the International Peace Scholarship Award. Currently, she is involved in research projects on multicultural issues.

Adelle Pushparatnam
PhD, University of Cambridge
A former student of SMK Subang Utama, Adelle scored 10 A1s in her SPM, she entered HELP on a Student Achiever Scholarship Award. She completed her MPH in Social and Developmental Psychology at the Cambridge Overseas Trust and the Tunu Abdul Rahman Fund. Her doctoral research focused on the recognition, diagnosis and treatment of Autism Spectrum Disorder in Malaysia and the UK.

Dr Daniel Fung Kheng Joo
PhD, University of South Dakota
One of the top three students of his class, Daniel was awarded the HELP Merit Award and served as a student tutor and research assistant at the HELP Centre for Psychology. He completed his PhD in Clinical Psychology at University of South Dakota.
A THRIVING RESEARCH CULTURE

CENTRE FOR WORK PSYCHOLOGY AND LEADERSHIP
This centre aims to examine how psychology can help organisations to be more successful and adaptive by better understanding and managing their talents, as well as the psychology of work.
- Research on Career Development
- Emotion, Fellowship and Collective Action

CENTRE FOR CREATIVE THERAPY
This centre aims to create a unique avenue incorporating expressive arts, where supportive relationships are established and where coping skills are enhanced, resulting in a happy, resilient and productive citizenry.
- Community Outreach and Empowering Lives Workshops
- Effects of Aesthetic Judgment and Tonality of Music on Executive Performance

CENTRE FOR SPECIAL EDUCATIONAL NEEDS
This centre aims to promote inclusion and support inclusive practices in early year settings, primary and secondary mainstream schools and institutions of higher learning nationwide for students requiring Special Education Needs (SEN).
- “Beliefs, Attitudes and Perceptions on Special Educational Needs and Inclusion among Teachers in Malaysia”

CENTRE FOR EMOTIONS
This centre aims to equip individuals with workable, practical knowledge on emotions from the psychological sciences, so that they will be able to lead healthier, more meaningful lives.
- Emotions and Mindfulness Book Launch
- Emotion Narratives Across Cultures
- Intergroup Schadenfreude
- Expressive Writing for Allostaticia (EWA)

CENTRE FOR FAMILY AND PARENTING
This centre aims to provide parents with resources and services to build strong families in the effort to enhance family relationships, as well as to helping parents support their children in achieving their full potential.
- Qualitative Study on Cyber-victimization and Perceived Depression
- P.A.C.I.F.I.C (Parents And Children In Families and In Cultures)

KENNETH PHUN CENTRE FOR EDUCATIONAL PSYCHOLOGY
Set up in the honor of late Kenneth Phun, the former Head of Department of Psychology, HELP University whom had deep interest and involvement in the area of educational psychology, in which he explored innovative teaching and learning approaches such as gamified learning and peer learning. This centre aims to focus on the research and practice of teaching and learning.
- Academic Procrastination, Classroom Engagement and Locus of Control
- Mattering, Self-esteem, Perceived Depression, and Suicide Ideation

CENTRE FOR CYBERPSYCHOLOGY AND GAMES
The centre for Cyberpsychology and Games focuses on studying internet-related human behaviour and psychological well-being, as well as the impact of gaming and its elements on learning, work, and general psychological well-being.
- Perceived Cyber-victimisation on Perceived Depression

CENTRE FOR THE EXISTENTIAL-HUMANISTIC PSYCHOLOGY
The centre aims to face the questions about life, death, meaning, and what it means to be human beings, as these are questions integral to us at some points in our life. The centre for existential psychology aims to encourage dialogues on the most basic questions of our lives, and to cultivate a life of meaning and significance.
- International Conference for Existential-Humanistic Psychology

CENTRE FOR DIVERSITY
This centre aims to advance academic and public understanding of key issues facing Malaysian society from the perspectives of community, social, and political psychology, with a particular focus on intergroup relations and leadership.
- Project for National Unity and Harmony
- Understanding the Malaysian Identity

CENTRE FOR RESEARCH ON AGEING
This centre aims to understand issues that pertain to ageing and working with older adults and how psychology can facilitate the process of active and healthy ageing.
- Informal Care of Elderly Parents: A Malaysian Perspective

EEG
This lab aims to investigate the psychological mechanisms underlying perception and behaviour by using a non-invasive electroencephalography (EEG) technique that directly measures brain electrical activity. EEG helps in examining the complex cognitive processing of stimuli (e.g., visual and auditory) and implicit processes that are not revealed through self-report.
- The Impact of Bilingualism on Inhibitory Control in a Stop-Signal Task: An ERP Study
- Is Self-Face Recognition Fully Mandatory or Task-Dependent? Evidence from Event-Related Brain Potentials

For more information on research projects, visit our website at www.help.edu.my
EXPERIENCE A FULL AND RICH STUDENT LIFE WITH OUR WIDE RANGE OF PSYCHOLOGY ACTIVITIES

PSYCHOLOGY CLUBS AND SOCIETIES
Student activities are an integral part of any well-balanced psychology programme. We have created numerous opportunities for students to practise and apply what they have learnt in theory. Students can have an active psychology student life by joining diverse clubs and societies.

13 Psychology Clubs
- Child Development Psychology (CDP) Club
- Chinese Cultural Society
- Community Outreach Society (COS)
- Asian Cultural Exchange Club
- Hiking Club
- Japanese Culture Club
- Peer Support Group (PSG)
- Psychology Student Union (PSU)
- HELP Volunteer Society
- Pi Chi
- The Psychronicle (Psychology department newsletter)
- Circle K International

EVENTS, TRIPS, FESTIVALS AND CONFERENCES

LEARN FROM WORLD RENOWNED PSYCHOLOGISTS

Professor Michael Kyrios, President of the Australian Psychological Society presenting his talk on ‘Obsessive Compulsive Disorder’.

Professor Seths Cooper, President of the International Union of Psychological Science speaks at HELP.

Malaysia’s 1st Psychoanalysis Symposium held at HELP Subang Jaya Campus.

Flinders University VP & Executive Dean (College of Education, Psychology & Social Work) Prof. Michael Kyrios attended the HELP-Flinders Joint Degree collaborative agreement signing ceremony.

The Music Therapy Conference
Dr GERARD J LOUIS

Dr has over 30 years experience in education, counselling, and training. He was the Founding Head of the HELP International School (HIS). He helped set up CAREERsense@HELP, the HELP Career Development Centre, as well as the Centre for Workplace Performance and Learning. His areas of interest include: career outcome education and learning, leadership change in an international context and adult education delivery among drug users. He was on the Board of Governors of HIS and the Crescendo-HELP International School. He's also the CECI to HELP Education Services Limited.

Dr FREDRICKA BOHOLST

PhD Clinical Psych (Ateneo de Manila), BSc, MA I/O Psych (San Carlos)

Dr Boholst’s research interests are life positions, Transactional Analysis, and consciousness mapping.

MS ELAINE FERNANDEZ

Head of Department Senior Lecturer

Elaine fernandez@help.edu.my

Elaine was the recipient of HELP President’s Award for Research in 2017. Her research interests are applications of social psychological principles and their utility in politics and social influence. She currently teaches in research and social psychology, and is the co-convenor of the Department of Psychology’s Centre for Research. She leads research projects in Malaysian social identity, the creation, evaluation, and consequences of social identity. She is a graduate member of the British Psychological Society, and the Malaysian representative at-large for the Asian Association of Social Psychology.

PROFESSOR DATIN DR QUEK SAMPOL

Professor of Career Development Education (HELP) (Malaysia) quek@help.edu.my

Dr Quek is the recipient of HELP’s Award for Promoting Literacy, the Chancellor Award for Educational Leadership, and the Centennial Teaching Excellence Awards from the University of Malaysia. She is a member of the National Association of Deans and a Special Council Member of the American Psychological Association (APA). She also received the National Award for Exemplary Professional Contributions to the Ministry of Women, Family and Community Development, Malaysia and the 2019 Nelson Marquis Lifetime Achievement Award for scholarly work in research, education and training.

Dr WONG HOO KEE

Professor of Psychology (PhD, MPhil), Psych (Hong Kong, Malaysia)

Hoo Kee’s research focuses on cross-cultural face perception, more specifically on cross- race bias in face memory. His eye-tracking research further investigates how intercultural and cultural factors may interact to influence the underlying mechanisms of human face processing. Currently, he is utilising EEG measures to study various cognitive processes.

MS LAVANYA SELVARATNAM

Lecturer

lavanya.selvaratnam@help.edu.my

Lavanya has a degree in Biomedical and a Master of Managerial Psychology, and is currently pursuing her PhD in Educational Psychology. She holds a Certificate in Dance Therapy (Teacher) from the School of Dance Therapy London. With more than 20 years of experience, she has conducted many talks and workshops on dance and her passion as a transforming lives of underprivileged/marginalised youth through dance.

PAK WEI HAN

Lecturer

hasse.demeyer@help.edu.my

Hasse is a lecturer in the Master’s programme in Clinical Psychology and a clinical psychologist, actively practising in the Centre for Psychological and Counselling Services (CPCS). He has pursued his PhD in Clinical Psychology at KU Leuven (Belgium). Her research interest is in the area of ADHD in children and adolescents.

MS HASE DE MEYER

Lecturer

hass.de.meyer@help.edu.my

Hass is a lecturer in the Master’s programme in Clinical Psychology and a clinical psychologist, actively practising in the Centre for Psychological and Counselling Services (CPCS). He has pursued his PhD in Clinical Psychology at KU Leuven (Belgium). Her research interest is in the area of ADHD in children and adolescents.

MRS TAP WAI HENG

Lecturer

tap.wai.heng@help.edu.my

Tap Wai Heng has an extensive 25-year career in the fields of organisational and personal development, workplace learning and organisational change. He is a certified test user of psychometric tools and has provided training in the use of such tools to numerous organisations in Malaysia. Tap Wai Heng has extensive experience in conducting training in career development and emotional intelligence training, and supervising trainee counsellors.

MRS JAMES YOW

Senior Lecturer

james.yow@help.edu.my

James is a registered psychologist, a member of the Malaysia Society of Music in Medicine (MSMM) and a lifetime member of the Chi Phi National Honor Society in Psychology. He has trained staff of Malaysian Ministry of Health, Bank Malayan Institute of Accountants, and taught staff of Malaysia school and universities.

MRS SYNDÈRE LIM

Lecturer

syndere.lim@help.edu.my

Syndere is a registered psychologist and a member of the Malaysian Society of Music in Medicine and is a graduate of the National Institute of Health. She has previously worked in management consultancy with a focus on strategic change management from a career development, and culture change. She is also interested in the human factors psychology and ergonomics.

MRS BASHIR BASHAAROHTI

Lecturer

bashir.bashar@help.edu.my

Bashir is a registered psychologist, a member of the Malaysian Society of Music in Medicine and chairs the Psychology Identity Development and Object-relations. She is also a member of the Malaysian Psychological Association (PSMA).

Dr MARK ARCHER

Associate Professor

mark.archer@help.edu.my

His research interests include Personality Psychology, Clinical Psychology, and is also the convener for the Department of Psychology's Centre for Research. He leads research projects in the development of intervention programmes for children and adolescents, particularly in politics and social influence. She also received the National Award for Exemplary Professional Contributions to the Ministry of Women, Family and Community Development, Malaysia and the 2019 Nelson Marquis Lifetime Achievement Award for scholarly work in research, education and training.

Dr PRIHADI DITTO

KUSANTO

Lecturer

prihadi.k@help.edu.my

Ditto has published papers on social media in educational settings. His current research is on entrepreneurship education through his self-designed board game. He has previously worked with children with dyslexia and developmental delays in order to teach them reading. He is an active member of the Malaysian Psychological Association (PSMA).

Dr MARC ARCHER

Professor of Psychology (PhD, MPhil), Psych (Hong Kong, Malaysia)

Dr Marc Archer has contributed to and led research in the area of self-perception in young people and children. He is interested in the role of online social media in the development of intervention programmes for children and adolescents, particularly in politics and social influence. He also has an interest in the role of online social media in enhancing wellbeing.

Dr NG SIEW LI

Lecturer

ng.siew.li@help.edu.my

Dr Ng, a Filipina scholar, was a recipient of the HELP Distinction Scholarship and the International Peace Scholarship. She received a specialised training in the fields of Trauma and Anxiety Disorders Clinical and Neuropsychological Assessment of Children at Central Michigan University as well as from the Early Psychosis Intervention Center at University of Arizona, USA. Her research interests include addiction, trauma and anxiety, as well as multicultural issues.

Dr MATRY DANGAN

Lecturer

matry.dangaran@help.edu.my

Dr Danganan was a recipient of the Dean’s List Award (2009-2017) and the International Peace Scholarship. Her research interests include how families cope with elder care problems and the occurrence of multi-generational households, specifically among the urban population in Malaysia.

Dr TONG LUN EERN

Lecturer

tong.lf@help.edu.my

Lun’s research is on child and adolescent psychological and educational assessment. Her research interests include how families cope with elder care problems and the occurrence of multi-generational households, specifically among the urban population in Malaysia.

Dr SYDRA YAHUN KAH YAN

Lecturer

sydra.yahyan@help.edu.my

Kah Yen is a licensed counsellor at CAREERsense@HELP. She leverages on her corporate experience to enrich her lectures through experiential learning. She is currently an employment training and career development in career and emotional intelligence training, and supervising trainee counsellors.

Dr CHRISTOPHER TAN JING MENG

Lecturer

christopher.tanjm@help.edu.my

Jing Meng’s background is in management and organisational psychology and his previous work included management consultancy, with a focus on strategic change management from a career development, and culture change. He is also interested in the human factors psychology and ergonomics.

Dr EUGENE TEE

Senior Lecturer

eugene.tee@help.edu.my

Her research interests include Personality Psychology, Clinical Psychology, and is also the convener for the Department of Psychology's Centre for Research. She leads research projects in the development of intervention programmes for children and adolescents, particularly in politics and social influence. He also has an interest in the role of online social media in enhancing wellbeing.

Dr MARYANNE MARINO

Assessment Consultant

maryanne.marino@help.edu.my

Dr Maryanne Marino is an experienced and Chair of the Test Development Division (PhD, Measurement and Evaluation) of De La Salle. She has over twenty years of experience in conducting psychological testing and the development of standardised tests for career assessment and counselling.

Ms MARCY BANAYAN

Senior Lecturer

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Ms Banayan has practised licensed marriage and family therapy (Edwin Cowan Edith Cowan University, Australia). Ms Banayan is practising licensed marriage and family therapist. She is a certified member of the Malaysian Marriage and Family Therapists Association. She is currently a Board Member of the Malaysian Marriage and Family Therapists Association (MMFTA). Recently, she was appointed by the Minister of Women, Family and Community Development as a member of the Malaysian Marriage and Family Therapists Association (MMFTA). She has been involved in the development and delivery of youth and adult learning and leadership development programmes. He has served as a consultant and a trainer to many organisations, including Bank Negara and Maxis.

Ms NIKKAMPES NAAMANGIN

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Ms Naamangin is an experienced and Chair of the Test Development Division (PhD, Measurement and Evaluation) of De La Salle. She has over twenty years of experience in conducting psychological testing and the development of standardised tests for career assessment and counselling.

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Ms UDHAYNURNI NAZHILA

Lecturer

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Ms Nazhila has a keen interest in teaching statistics for psychology and computing skills for psychology. She has been involved in the development of intervention programmes for children and adolescents, particularly in politics and social influence. She also has an interest in the role of online social media in enhancing wellbeing.

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Dr Rames completed his MSc in Behavioural and Social Sciences (Malaysia) and PhD (Psychology) (University of Warwick, UK). He has been involved in the development of intervention programmes for children and adolescents, particularly in politics and social influence. He also has an interest in the role of online social media in enhancing wellbeing.